

nourish – custom cuisine prepared in your home  
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Meat

- Marinated and grilled flank steak with balsamic vinegar, spices, garlic and brown sugar
- Tandoori chicken (India)
- Sate (marinated, grilled skewers of meat served with peanut sauce) (Indonesia)
- Marinated and grilled lamb chops with lemon, rosemary and garlic
- Pork tenderloin with coconut milk, garlic, lemongrass, lime and chilies
- Ginger Pork (Japan)
- Meatloaf with wild mushroom sauce
- Yakitori (marinated, grilled skewers) (Japan)
- Coq au Vin (chicken in wine sauce) (France)
- Bulgogi (marinated, grilled beef) (Korea)
- Calves liver with caramelized onions and apple slices
- Duck breast with dried sour cherry demi glace
- Osso buco (veal shanks) (Italy)
- Chicken in spicy, sweet chili sauce (Bangladesh)
- Ground chicken with eggplant (Japan)
- Sautéed chicken with a lemon, cream and parmesan sauce
- Stuffed pork chops with a mango/lime sauce
- Pork tenderloin stuffed with pesto, proscuitto, garlic and bread crumbs
- Beef balls in peanut sauce (Thailand)
- Sauerbraten (marinated beef) (Germany)