

nourish – **custom cuisine prepared in your home**
Donna McElroy, Chef
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Appetizers (many can be served in larger quantity as main courses or sides)

- **Savory tortilla crisps: triangles of baked tortillas with pesto, pine nuts and cheese**
- **Dates filled with sautéed spiced almonds and goat cheese, wrapped with prosciutto**
- **Filo triangles with spinach, feta cheese, shrimp or vegetarian fillings**
- **Empanadas with savory beef or chicken filling**
- **Samosas, lamb or vegetable filled pastries with coriander/coconut, tamarind, or mint chutney**
- **Cedar smoked salmon with honey jalapeno and lime glaze, served with goat cheese**
- **Crab cakes**
- **Honey coconut coated shrimp cradled on Indian crisp bread filled with curried hummus**
- **Roasted vegetable and goat cheese dip with crisp vegetables/freshly baked tortilla chips**
- **Artichoke bites**
- **Stuffed grape leaves**
- **Bulgarian eggplant and pepper spread with sesame crackers**
- **Stuffed mushrooms with Italian sausage, onions and feta cheese**
- **Hummus with pita triangles**